

Upper Endoscopy EGD Prep Instructions

Please read the following instructions carefully

What is an **EGD**? (esophagogastroduodenscopy) – An EGD is the visual examination of the upper intestinal tract esophagus, stomach, duodenum using a flexible scope that contains a light and miniature video camera on its tip; the scope is connected to a video screen for viewing.

WHAT TO DO BEFORE PROCEDURE: **DYSPHAGIA (Difficulty swallowing)**

You will need to discontinue these for **7 days prior** to procedure **ONLY** if approved by your family physician or cardiologist.

- ❖ Plavix (clopidogrel bisulfate)
- ❖ Aspirin (acetylsalicylic acid)
- ❖ Ticlid (ticlopidine hydrochloride)
- ❖ Coumadin (warfarin sodium)
- ❖ Ecotrin (acetylsalicylic acid)
- ❖ Aggrenox (dipyridamole/aspirin)
- ❖ Trental (pentoxifylline)
- ❖ Alka-Seltzer (contains aspirin)
- ❖ Bufferin (acetylsalicylic acid)
- ❖ Excederine (acetylsalicylic acid)
- ❖ Effient (prasugrel)

DAY BEFORE PROCEDURE:

- You may eat your normal diet the day before the procedure.
- **Nothing to eat or drink** after **MIDNIGHT** the night before your procedure

ON THE DAY OF PROCEDURE:

- If you are diabetic you may check your blood sugar before coming in.
- **DO NOT EAT** or **DRINK** anything or your procedure may be cancelled.
- You may take all your medications with a sip of water **except**: blood thinners, arthritis medications, and blood sugar/diabetic medications.

What to bring with you:

- You cannot drive; you must be accompanied by an adult who must remain on the premises while you are having your procedure. Your procedure may be cancelled if you do not have a ride.
- A list of your current medications including the dosage and the times you take them, along with any drug allergies.
- Your drivers license and insurance cards

If you are unable to keep your appointment please give us 48hrs to avoid any possible fees.